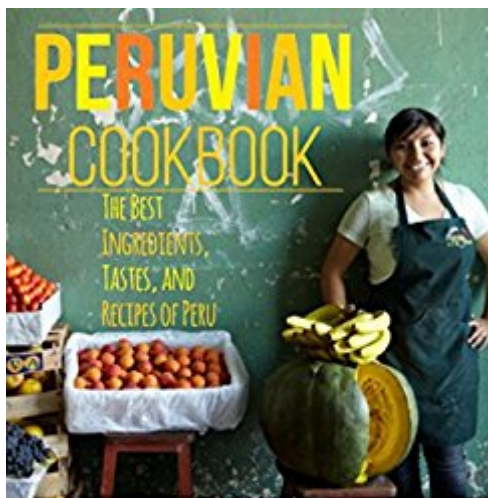


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Peruvian Cookbook: The Best Ingredients, Tastes, And Recipes Of Peru (Global Citizen Guide Book 2)



Synopsis

In 2011, Spanish chef Ferran Adrià was widely considered the best chef in the world. He proclaimed that "The future of gastronomy is being cooked up in Peru." Since then, the ascent of Peruvian cuisine around the world has yet to slow. Combining the staples of indigenous Peruvian food including corn, potatoes, and chilies with a diverse range of influences from the Chinese, Japanese, African, Italian, and French immigrants who have made Peru home over the centuries, Peruvian cuisine has given birth to some of the most distinctive and flavorful fusions in the world. In the following pages we hope you enjoy this brief but unforgettable introduction to some of the essential recipes of Peruvian cuisine and the international culinary scene's latest global superstar.

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